

PERIODIC MEDICAL EXAMINATION—FREQUENCY AND SCOPE

<i>Category</i>	<i>Frequency</i>	<i>Qualification Criteria</i>	<i>Special Studies</i>
Pilots, Navigator, and other mission-essential personnel, as determined by MAJCOM.	Annually within 3 months preceding birthday.	Flying classes II and III, as appropriate.	Baseline ECG on record. ECG annually at 35 years and thereafter. Tonometry at age 39. If normal repeat every year. Rectal, and pulmonary function (screening type) studies (see atch 11) age 39 and annually.
All other officers and airmen on flying status	Within 3 months preceding birthday: 19, 21, 23, 25, 27, 29, 31, 33, 35, 37, 39, 41, 43, 45, 47, 49, 51, 53, 55, 57, 59, & annually above 60.	Flying Class III.	Baseline ECG on record. ECG at 35 years and each examination thereafter. Tonometry, pulmonary function (screening type) studies (see atch 11), rectal examination at 39 years and each examination thereafter.
Officers and airmen not on flying status	Within 8 months preceding birthday: 23, 27, 31, 35, 39, 42, 45, 48, 50, 52, 54, 56, 58, 60, and annually, above 60.	Worldwide service.	Baseline ECG for 35th birthday, if not already in record. ECG, tonometry and rectal examination at time of periodic evaluation, beginning at age 39.
Female Officers and WAF	Same as above, except that an examination of limited scope will be accomplished annually within 3 months preceding birthday.	Same as above.	Limited scope to include pelvic and breast examinations and Papanicolaou smear.
Air Traffic Control, Officers and Airmen, and Weapons Controllers	Annually within 3 months preceding birthday.	See paragraph 6-3.	Baseline ECG for 35th birthday. ECG annually, age 39 and over. Rectal examination annually, age 39, and over. Tonometry at age 39. If normal, repeat every year.
Physiological Training Personnel, Officers and Airmen	Same as above.	See paragraph 6-7.	Same as above.
Parachute Duty, Officers & Airmen	Same as above.	See paragraph 6-6.	Same as above.
Missile Launch Crew Personnel (Non-flying Examination)	Same as all other officers and airman on flying status.	See paragraph 6-5.	Same as "all other officers and airmen on flying status."
Food Handlers			See AFM 161-6.
Personnel Exposed to Ionizing Radiation			See AFM 160-132.